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# Impact Of Online Learning On The Personal Development Of Students

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## ABSTRACT

Online learning has an impact on student development from the aspect of learning enthusiasm, values and even student personality. This is because the learning climate does not support the student learning environment. Online learning can result in students not being able to meet many people and prevent students from being able to directly relate to their friends at school. In this study, an attempt was made to determine the impact of online learning on student personality development. The purpose of this research is to find out how effective the learning process and the use of online learning methods are, so that students still feel happy rather than bored. This research was conducted by reviewing several case studies from several journals and scientific research references.

Keyword : Online learning, student personality

#### **INTRODUCTION**

Online learning is a comprehensive learning system. In Indonesia, this policy was taken by the government after the virus that required people to stay at home and reduce the intensity to meet in public places with a certain human capacity. This technology and internet-based learning system seems very practical and quite helpful, because it is not limited by space. The learning uses media such as applications such as Zoom, Geogle meet, Google Classroom and e-learning. This online learning is carried out from the Kindergarten Education level to lectures. However, behind the practicality and ease of accessing learning, there is a very serious danger or impact faced by children, namely eye fatigue, mental fatigue and so on.

According to Nur'azizah et al (2021), distance learning or online content is known to have an impact on students' mental health. This can be seen in several changes that occur in students as a result of this online learning, namely. Students cannot clearly understand the material presented by the teacher and have to think for themselves, which is also related to the fact that the 2013 curriculum emphasizes student active learning, but students do not understand the material given. Some effects on students'



mental health, such as increased anxiety and confusion when the teacher is assigned to explain and answer questions. This is because students do not understand the teacher's explanation, except for online learning reasons, the tasks of each subject.

According to Rusman et al in Subiyakto (2019) that learning media is a technology that is used in the learning process in the form of physical facilities and can be communicated through technology or traditionally, this learning media is an important component in learning that can make students process knowing and seek information based on the knowledge, attitudes and skills of students. Learning media is used to improve learning to be more effective

. According to Eysenck in the journal (Ulya, 2017), extroverted personality is a personality who likes to do activities that require energy and likes to socialize. People with this personality have a free spirit and find it difficult to follow rules. This is also in line with Arthur who said that extroverts are people who easily express themselves in their environment. According to (Musrifah, et al), introvert is a personality or subjective orientation trait. Introverts have self-centered feelings and understandings, and people with this trait will selectively accept people from the outside world with a subjective perspective.

## **METHODS**

In this paper, we use a literature study by collecting some data and information from various references that are relevant to the material to be studied regarding the impact of learning on the personality development of students. According to M. Nazir as outlined in the research method that literature study is a data collection technique by conducting a review study of books, literatures, notes, journals and reports that have to do with the problem being solved. This is an important step to do after a researcher has determined the research topic, the next step is to conduct a study related to the theory and research topic. In the search for theory, the researcher will collect as much information as possible from the relevant literature. Library sources can be obtained from: books, journals, magazines, research results (thesis and dissertation) as well as other sources deemed relevant.

#### DISCUSSION

According to Abdusshomad in Suriadi, et al (2021) online learning is a learning process carried out by take advantage of various sites and hardware such as laptops. Mobile phones, and computers on a site that is relevant to the school in the form of Zoom, Google Meet, Google Classroom and even e-learning. This update in online learning raises new problems in education. The learning process that occurs is less effective than normal learning in general.

According to Robandi and Mudjiran in Suriadi, et al (2021) explaining that this online learning will make students confused, stressed, less creative, lack of interest in doing something which results in a lack of teacher supervision as a student mentor teacher. With online learning, students are required to be independent in everything including learning and understanding the material. With this online learning, students also use gadgets more in all their activities.

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In today's developments, the need for knowledge about technology is very important, but in the use of technology for students aged 7-10 years it must be considered. On average, elementary school students are now able to operate their smartphones smoothly, this is also supported by the influence of online learning that is happening during the current pandemic. However, the longer the online learning process causes students to be addicted to using their smartphones even though not to do assignments or do everything related to assignments.

One of the effects of online learning on students results in the personality of students created during the online learning process. The personality in question is in the form of extroverted and introverted personalities that will exist in students. Basically, extroverted and introverted personalities are personalities that everyone has, in education teachers must adapt and learn methods that are suitable for students, especially during the online learning period now, teachers will find it difficult to directly identify the personality of students.

According to Eysenck in the journal Ulya, (2017) Extrovert and Introvert personalities are influenced by several things, namely

- 1) Students who have an extroverted personality will have activities that require action and are free because in this personality an extroverted person prefers to socialize with other people so that in learning this personality they do not really like activities that only listen and remain silent. However, for the introverted personality, students who have this personality are someone who likes the type of learning or activity that only involves the mind rather than action, in this personality, students prefer to be alone and are difficult to be invited to socialize
- 2) Thinking ability, thinking ability these two personalities are not clearly different but what seems different is how they process and focus their thoughts in accepting learning and implementing it
- 3) Taking risks or acting, in many views it is said that the extrovert personality in taking action always acts rashly and someone who has an introverted personality will think in detail and detail first.

From the explanation of introverted and extroverted personalities, it can be said that online learning can also affect the personality of students. For example, a student who has an extroverted personality who prefers learning that requires activities and meeting people, but now he has to learn through a smartphone or laptop via digital which makes him unable to express himself according to his personality, so it looks like the student will be more silent. even less respond to what is given by the teacher. So it can be said that online learning can also trigger the development of introverted personalities in students because of the limited space for students to develop their personalities.

The learning process has a characteristic described by Putro, et al. (2019), these characteristics are a graduate competency standard and content standard. The graduate competency standard (SKL) contains a concept in learning that must be achieved. And the content standard (SI) contains learning activities that include the development of the cognitive, affective and psychomotor domains of students.



These three domains are related to personality development (psychological processes), namely where learning is carried out through an activity that makes students able to develop their personality in gaining knowledge. Then also, in cognitive and affective it is influenced by the personality of students, how these students observe, ask questions and reason about their knowledge and skills. With personalities (extroverts and introverts) students can manage knowledge and can develop their skills and can act according to what they feel and experience.

In online learning using the 2013 curriculum which according to (Syaharuddin & Mutiani, 2020) in learning the 2013 curriculum is oriented to produce students who are creative, productive, innovative and have attitudes, skills and knowledge that can be integrated in the daily lives of students. However, the learning seen in the current learning period, according to (Syaharuddin, 2020) said that this online learning was initially an effective system for the solution of the current pandemic which had to reduce the intensity of leaving the house. At this time, students are less responsive and less active in learning. Moreover, when the teacher explains using the lecture method, more students will not respond that they do not listen. It is also said that in teaching in the current system, educators must be able to maintain the "mood" of students so that students can be active in learning.

Effective learning according to Setyosari (2017) is a learning related to teachers in creating learning processes that can produce learning experiences for students. To achieve effective learning, the first thing to do is that a teacher must also be effective. In the category of effective teachers as follows, namely the teacher uses learning time to the maximum, which means that here the teacher does not commit corruption during class hours, the teacher prepares learning materials, the teacher programs the learning, the teacher creates a learning atmosphere that can create a learning experience for students and teachers achieve learning objectives. In learning with this online system so that the personality of students can be developed, it is necessary to have an effective and active teacher role in order to create effective learning.

According to (Syaharudin, 2020), learning models that can be used in the online period can be used with a "blended learning model" approach, which combines learning with a face-to-face system with an online system (numerical-based) because during the online learning period this is closely related to technology. The model actually works by providing assignments, face-to-face and on-site learning. This kind of learning is certainly different from an e-learning system that makes full use of technology. Through this learning model, teachers will be able to supervise students indirectly through a faceto-face process. In addition, to be able to develop skills according to the personality of the student, a teacher can also give assignments that are in accordance with the personality of the student but still in the context of the learning material. For example, the subject of sociology, the teacher can ask students to make assignments regarding social mobility for students and for the format of the assignment the teacher can give a choice in the form of video or essay format, usually students who have an extroverted personality will choose the video assignment format because in the video they will can develop themselves and their expressions.

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# CONCLUSION

The pandemic has had a significant impact on people's lives, socially, economically, culturally, politically, and education is no exception. Because, through government regulations until now the education system in Indonesia has changed. such as in learning models, learning systems, learning methods and even the way teachers teach. It has been almost 3 years since the learning system has been carried out online in Indonesia, although currently several schools have implemented two models, namely online and offline, but their development has not had a significant impact, the negative impact that remains is on the personality development of students, namely less interaction with teachers in real terms. which ultimately affects the ineffective learning process which can lead to this personality in students. Of course, in the current pandemic, there are many ineffective learning processes that can affect the personality of these students, for example, students who have extroverted personalities in online learning will now be more silent and cause themselves to have introverted personalities.

To overcome these problems, this paper concludes that effective online learning can be done with the "*Blended Learning Models*" learning method, which is a face-to-face learning system combined with an online system that utilizes technology. virtual behavior and development of learners.

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